

# Baby & Toddler Care Class for Adoptive Parents

This Class Is Tailored To Meet The Needs Of  
Families Adopting  
**Internationally Or Domestically**

To help you plan for your new baby or toddler, a  
registered nurse and adoptive parents will discuss:

- Bathing, feeding, diapering, sleeping and comforting
  - Child safety
  - Equipment, toys and clothing
  - Unique needs of your adopted child
- Development from birth through 18 months
- Latest information on attachment and brain development
  - Positive ethnic identity

**The class is offered three times a year.**

**Pick a 2009 class from these dates:**

**January 24, May 9 & October 17**

**8:30 AM – 4:00 PM**

**Check-in begins at 8:00 AM**

Legacy Meridian Park Hospital  
Just off I-5 in Portland at the Tualatin Exit

\$50 per family

**TO REGISTER, CONTACT:**

**Debbie Dunham, NAFA Volunteer**

**503 224-0222, 360 514-0606 or [information@nafaonline.org](mailto:information@nafaonline.org)**

**Comments from Previous Classes:**

“The instructor is a great speaker – warm and enthusiastic.”

“We loved the breakout sessions.”

“Going to the bathroom with a baby was a whole new experience.”

“Thank you so much for this class.”

NAFA (Northwest Adoptive Families Association) is a non-profit, volunteer-driven support group for adoptive families and those interested in adoption. NAFA is actively involved in education, advocacy and support for its nearly four hundred member families located throughout Oregon and Southwest Washington. NAFA is comprised of adoption professionals, prospective adoptive families and members of the adoption triad: birth parents, adoptees and adoptive families.

[www.nafaonline.org](http://www.nafaonline.org)

